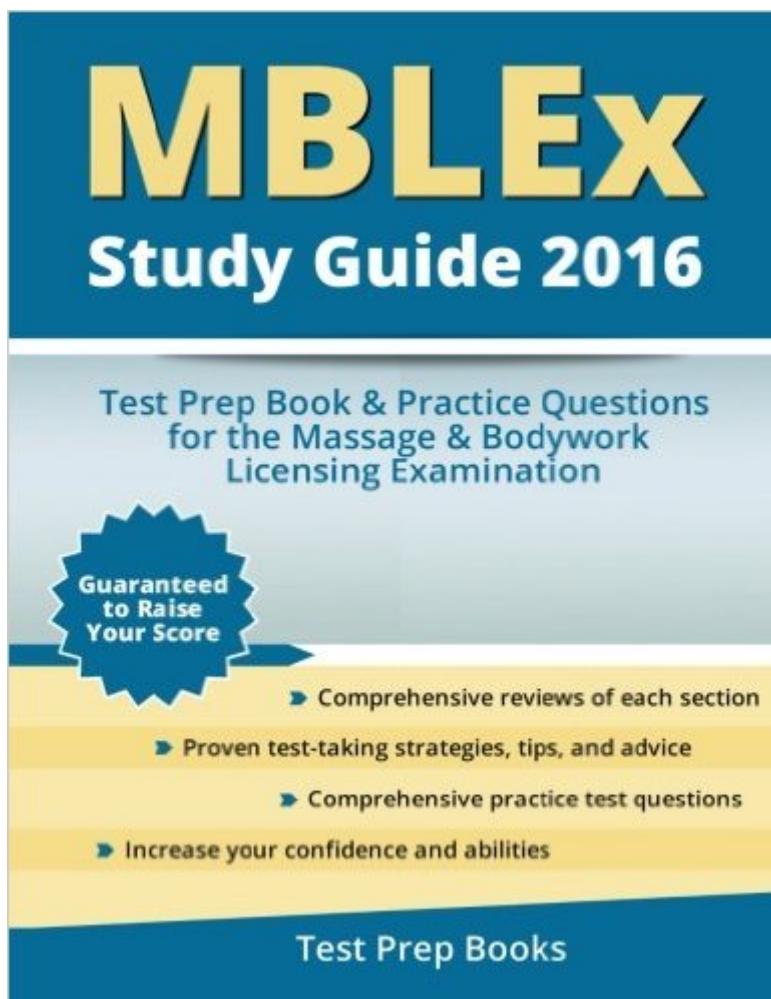


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MBLEx Study Guide 2016: Test Prep Book & Practice Questions For The Massage & Bodywork Licensing Examination



Synopsis

MBLEx Study Guide 2016: Test Prep Book & Practice Questions for the Massage & Bodywork Licensing Examination Developed for MBLEx test takers trying to score well on the MBLEx this comprehensive MBLEx study guide includes:

- â ¢Quick Overview
- â ¢Test-Taking Strategies
- â ¢Anatomy and Physiology
- â ¢Kinesiology
- â ¢Pathologies and Massage Therapy
- â ¢Techniques
- â ¢Client Assessment and Treatment Planning
- â ¢Business Practices
- â ¢History of Massage Practices

 MBLEx Practice Test Questions

- â ¢Detailed Answer Explanations

 Each section of the MBLEx test has a comprehensive review that goes into detail to cover all of the content likely to appear on the MBLEx. The practice test questions are each followed by detailed answer explanations. If you miss a question, it's important that you are able to understand the nature of your mistake and how to avoid making it again in the future. The answer explanations will help you to learn from your mistakes and overcome them. Understanding the latest test-taking strategies is essential to preparing you for what you will expect on the exam. A test taker has to not only understand the material that is being covered on the test, but also must be familiar with the strategies that are necessary to properly utilize the time provided and get through the test without making any avoidable errors. Anyone hoping to earn the MBLEx certification should take advantage of the review material, practice test questions, and test-taking strategies contained in this MBLEx study guide.

Book Information

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Customer Reviews

I have been a massage therapist for over 9 years. Unfortunately that also means that I have been

out of school for 9 years. There are some things that I feel kind of rusty on so I thought I would check into this study guide to see what I might need to brush up on. I have not taken the MBLEx, and am not required to. I could have been grandfathered in when they switched to it, but wasn't really thinking about it and let that opportunity pass. I have contemplated taking it, but am a little worried that I don't have the information needed stored enough. This book is laid out really well. In fact, I really felt like I was taking a brief refresher course, which is awesome! I really liked the way it summarized the different systems, different muscles, etc. It also went over some of the pathologies that we deal with as massage therapists and why that might cause issues with massage. There is also a section on different medications and contraindications, which is also handy. In fact, I plan on keeping this book at my office for quick reference in the future. This book is well written and easy to pick up and set down. While it is obviously no substitute for the education we receive, I really think it is at the very least a great easy refresher. I have not taken the MBLEx so I can not say if it is enough information to ensure a passing grade on it, but it did two very important things for me. 1. It reminded me of some basics that I had forgotten. 2. It reminded me that I do know what I am doing, and have retained most of what I learned in school, minus some details. I received this product for free or at a discount in exchange for giving my honest opinion. Just like yourself, I rely on reviews when I purchase items and only offer my genuine interpretation. If my opinion assisted you with your decision to purchase this item please feel free to click "yes" that you find it helpful.

I passed on the first MBLEx attempt after completing my massage therapy boot camp program months ago. This book is very helpful, it summarizes the subjects, body systems, muscles, kinesiology/applied, etc. What's better is it gives a paragraph explanation for each of its practice test answers. I highly recommend this book!

This is a very well written and informative study guide. It covered all the topics and areas that would be on the actual exam. I love the practice questions, this really enables the test taker to be ready for the types of questions on the exam. Overall I would definitely recommend this to anyone looking for a complete study guide. I received this item at a discounted price in exchange for my honest and unbiased opinion and review. All thoughts are my own.

This is a pretty solid study guide in terms of content, but the design of the book does not flow well. It is not laid out for ease of study. There is no index. There are no illustrations. If you learn well from reading very plain text, this is a decent, affordable option. If you need more than that, consider

something else.

Great test prep and review book!The book begins with an introduction and test-taking strategies for the MBLEx exam.The book is broken down into 7 sections. Anatomy and physiological with a healthcare related and medical terminology part. Kinesiology with a major muscles, joints, and effects of diseases on muscular system parts. Pathologies and massage therapy with special populations, pharmacology, and physiological effects of massage. Techniques. Client assessment and treatment planning with types of massages. Business practices with safety practices, draping, office and equipment, and accountability sections. There is a history of message practices also. There is a 120 question multiple choice practice exam. The answers and explanations for each question are separate.I definitely recommend this book for anyone who is taking the MBLEx exam.I received this book at a discount to review; however, that does not affect my honest opinion!

I did not like this book. I was not expecting for the book to be so small. You can not call this a review guide because it gives little detail on the subjects. The writing is too small. The test questions doesn't have ANY of the answers in the study guide. I recommend massage exam academy.com. It's online and has EVERYTHING.

Was surprised when I first got it that the book was so thin, but it's very informative and breaks things down better than when I was in school, the way I can understand it. I truly liked the encouragement it gives to potential MBLEx testers "to not stress yourself out when preparing to take the exam".

I also bought the (2 Book) Massage & Bodywork Licensing Examination Study Guide.I would say these two books would better prepare a person for the MBLEx State Board Licensing exam...Rather than: I also bought (3 Book) Massage Test Prep Complete Study Guide for MBLEx 3rd Edition by David Merlino. Which I completed the whole entire book. I favor the crossword puzzles and muscle and bone pictures as this helped me add my own notes to help learn more of how the bones and muscles work together as far as trying to remember them for the exam. I will have to say that the numerous questions were an over-kill. I will say I prefer the crossword puzzles in the 3rd edition than the 4th edition. 3rd edition were far more helpful!!! This book is a must have. More real to what's actually in the state board test.

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